

PLANNING AND TRANSITION



Life after Work (LAW)

Life after Work (LAW), formerly known as Transition to Retirement (TTR), is a unique program that supports individuals with disability to transition from Supported Employment into a retirement lifestyle. The program was created to address the increased risk of social isolation for older people with a disability as they retire from the workforce.



LAW provides support services focused on community inclusion, skill development, independent living skills, self-care, growing connections and exploring new interests.

LAW is available to individuals over the age of 55 who have been in long-term employment at an Australian Disability Enterprise (ADE) and who have identified that they would like to begin the process of transitioning into retirement. The program is not government funded and places are offered on a fee for service basis.

Activities include art making at the Art Café, singing with the Diamonds choir, cookery, movies and knitting, as well as sewing, leatherwork, gardening, photography and furniture restoration to name but a few. Recent social outings such as whale watching in Kurnell, a tour of the NSW Mounted Police Unit, and afternoon tea at Vaucluse House are also included in the program.

Life after Work (LAW) is an initiative of the Windgap Foundation and based in South Eastern Sydney. The Windgap Foundation is a registered NDIS provider.

CONTACT DETAILS

Windgap Foundation



02 8337 3600



www.windgap.org.au/life-after-work



www.ideas.org.au/lx?sid=6296

Information sourced from the Windgap Foundation