

## 6. What does that word mean?

### Information for carers in NSW

This fact sheet is written for the family members and friends (**carers**) of people with disability living in New South Wales (**NSW**). It explains key words and phrases used in the Carers NSW fact sheets on the National Disability Insurance Scheme (**NDIS**). They are in alphabetical order.

### What is the NDIS?

The National Disability Insurance Scheme (NDIS) is a new system of disability support that is being introduced across Australia. For more information, read the Carers NSW NDIS fact sheets at [www.carersnsw.org.au/NDIS](http://www.carersnsw.org.au/NDIS) or call 1800 242 636 for printed copies.

### Key words and phrases

#### C

**capacity building** – increasing the skills and confidence of people with disability and carers.

**carers** – family members or friends who provide support to a person with disability.

**carer statement** – an opportunity for carers to talk about the support they provide. Carers can give this to the planner in writing if they want.

#### D

**districts** – parts of New South Wales.

#### E

**early intervention** – supporting a person with disability well in the early stages so they won't need as much support later on. Visit [www.ndis.gov.au](http://www.ndis.gov.au) for more information.

## E (continued)

**eligible** – ticking all the boxes needed to get support. Not all people with disability will be eligible. Visit [www.ndis.gov.au](http://www.ndis.gov.au) for more information.

## F

**funded supports** – types of support that cost money and that the NDIS agrees to pay for.

## G

**guardian** – someone who has been given the legal responsibility to make decisions for a person who is not able to make their own decisions.

## I

**informal support** – any support that is provided by a family member or friend, NOT a paid service or formal volunteer.

## L

**Local Area Coordinators (LACs)** – workers who give people with disability and carers information and help link them to services and capacity building opportunities in their area. They support people with disability and carers even if they are not NDIS participants.

**local government area** – an area that belongs to a certain local council or shire.

## M

**manage** – be in charge of organising support, for example finding service providers, keeping records and receipts or paying support workers.

## N

**NDIA** – the National Disability Insurance Agency, an agency set up and funded by the Australian Government to run the NDIS.

**NDIS** – the National Disability Insurance Scheme, a new system of disability support that is being introduced across Australia.

**nominee** – a person who has permission to act or make decisions on behalf of a participant. Visit [www.ndis.gov.au](http://www.ndis.gov.au) for more information.

**NSW** – New South Wales.

## O

**operational guidelines** – important documents with rules for planners to follow.

## P

**participant** – a person with disability who can get a NDIS plan and funded supports.

**personal care** – helping people care for themselves, for example help with bathing, going to the toilet or eating.

## P

**plan** – a document that lists what services and supports a participant has already, what their goals are, what supports they need and what funded supports they will get.

**planner** – the person from the NDIA who works with a participant to create their plan.

**planning session** – a meeting where the planner, the participant and any other person the participant chooses talk about creating the participant's plan.

## R

**reasonable and necessary** – something that the NDIA agrees a participant needs to reach their goals and participate in their community. Visit [www.ndis.gov.au](http://www.ndis.gov.au) for more information.

## S

**significant, permanent disability** – a disability that a person will have for the rest of their life and that makes it difficult for the person to do everyday things without help. This includes some kinds of mental illness. Click [here](#) for more information.

**support worker** – a person who is paid to provide care and support to a person with disability.