

Hi.

This is coronavirus.



We cannot see it.

**It is very small and
makes some people sick.**

It can



make us cough,



feel hot and cold,



**give us a
sore throat**



**and make it
hard to breathe.**

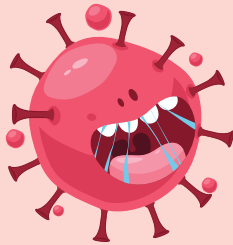
Everyone is different.

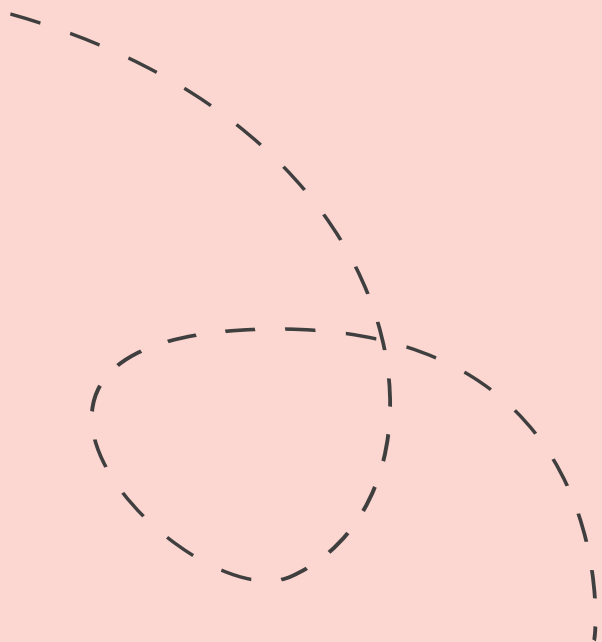
**Some people will get
a little bit sick.**

**Others might get
very sick and go to
the hospital.**

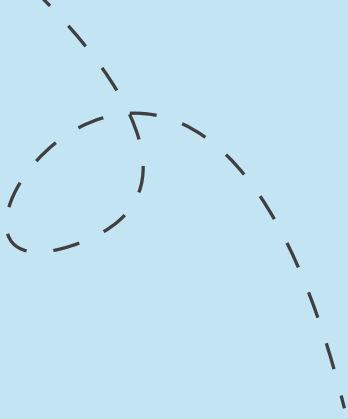
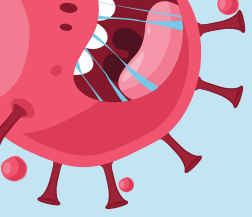


**Coronavirus moves
through our spit,
coughs and sneezes.**

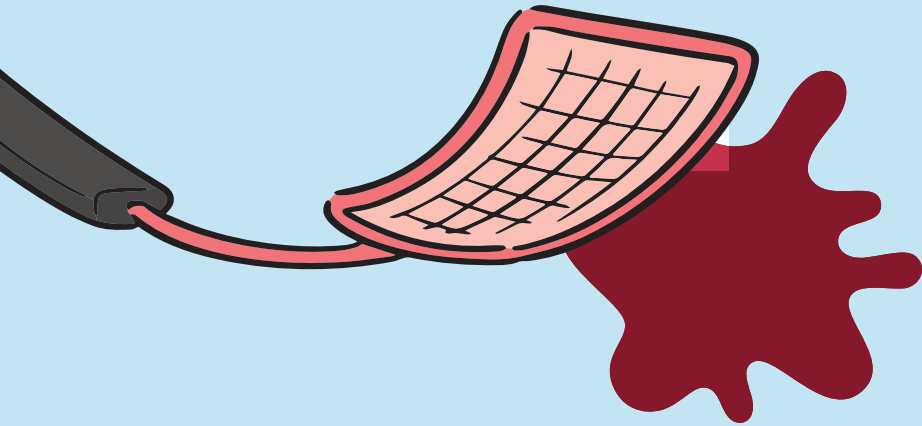




**Then onto people
or things.**



**So it is important we
stop it from moving.**



We need to:

- 1 Cover our coughs and sneezes with a tissue or our elbow.**





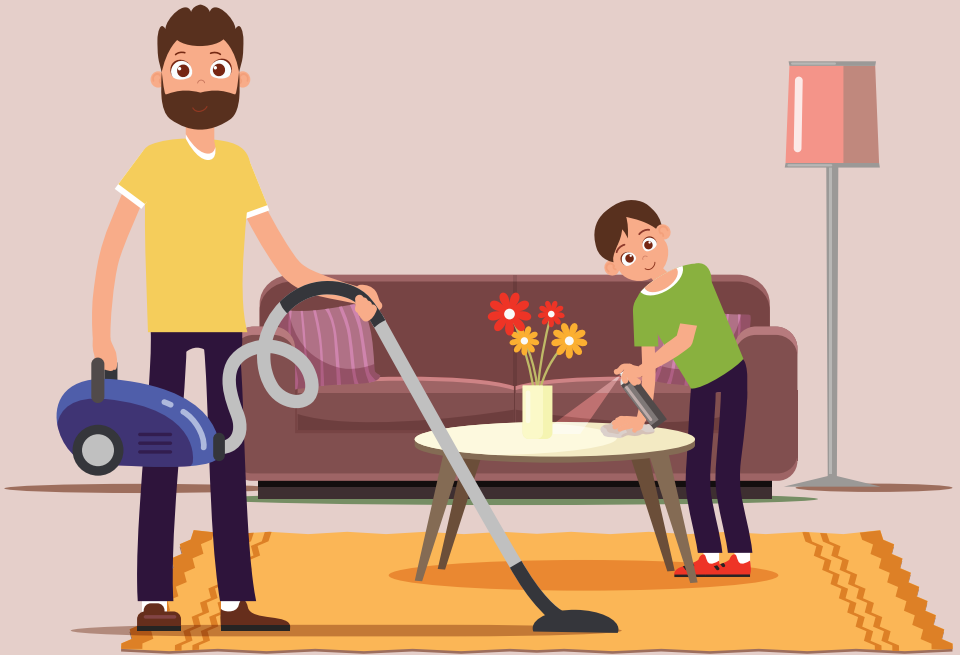
2 Wash our hands with soap and water before we eat and after play.

**Remember to sing
'Happy Birthday'
two times.**



**3 Stay at home
from school if
we are sick.**





4 Clean tables,
toys and door
handles at home.



5 Try not to touch
our mouth and eyes,
pick our nose or bite
our nails.

We also need to make sure we are not too close to others.



**We should be able to
spin around without
touching anyone.**





**Things might be a bit
different for a while.**

**This means we cannot
do things that we
normally do like playing
with our friends or
playing sport.**

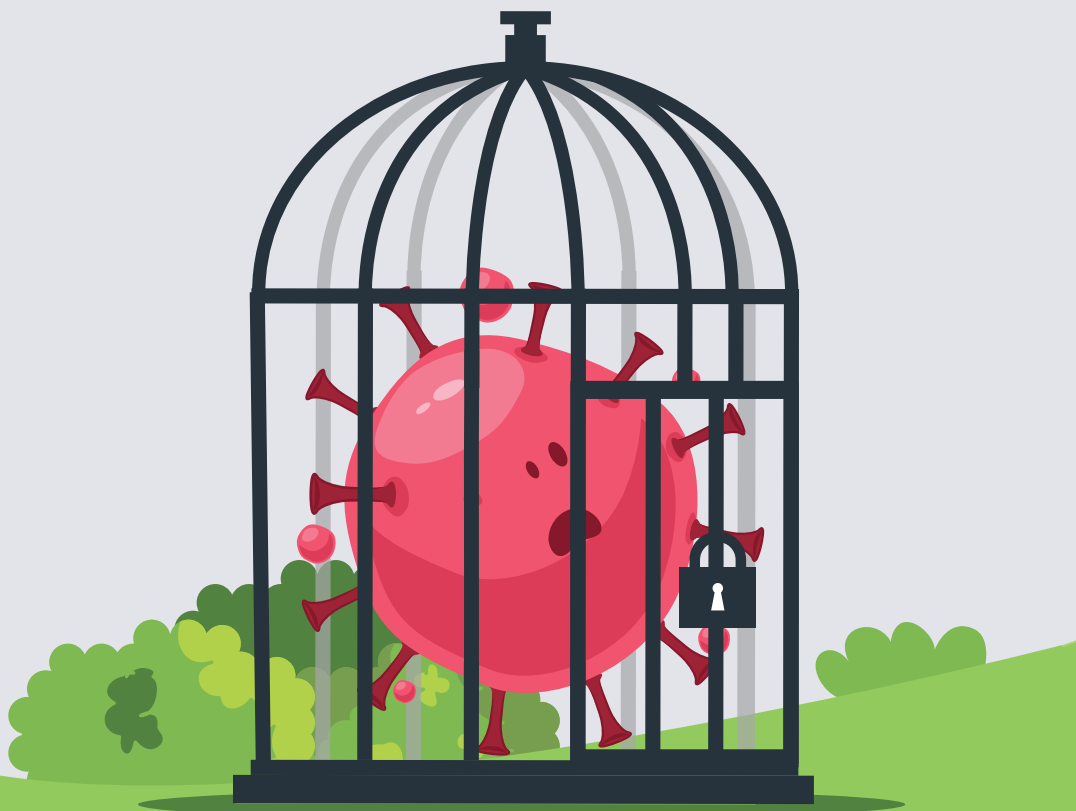




**Adults may be
feeling sad but this
will not be forever.**

**We can talk about our
feelings together.**

**Doing all of these things
can help stop it moving**



**So we can all play with
our friends and family
again soon.**



**For more information visit
www.health.nsw.gov.au/coronavirus**

