

**Making
Connections**
with your Mental Health
and Wellbeing



INVITATION

You are invited to an online webinar

A *Connections2022* webinar being held by the



Australian Government
National Mental Health Commission

The National Mental Health Commission in partnership with People with Disability Australia would like to invite you to a Connections2022 online forum for people living with a disability.

Participants will have an opportunity to safely contribute to the discussion online through an interactive digital platform and via web chat. Contributions will be kept confidential and considered and responded to by panel members who represent your community's experience of the mental health and suicide prevention systems and/or have a relevant lived experience. The online forum and panel discussion will include the Commission's CEO, Christine Morgan.

The Commission advises the Australian Government on the mental health and wellbeing of all Australians, and your experience will contribute to the advice the Commission provides about the improvements to services and programs for your community.

The online webinar will be held on Zoom

Friday, 21 October 2022
2:00 – 3:30pm AEDT

Register to attend here

<https://making-connections-peoplelivingwithadisability.eventbrite.com.au>

For more information contact us:

By visiting: making-connections.com.au

Or call toll free: 1800 220 246

Or email community@making-connections.com.au

