

About the NDIS

How to start my NDIS plan with a Local Area Coordinator



Easy English

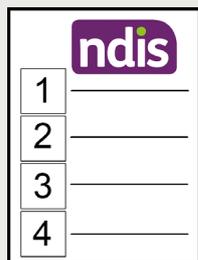
Hard words

This factsheet has some hard words.

The first time we write a hard word

- the word is in **blue**
- we will write what the hard word means.

About this factsheet



This factsheet is about how to start your **National Disability Insurance Scheme** plan with a **Local Area Coordinator**.



The National Disability Insurance Scheme is called the NDIS.

The NDIS helps people under 65 with a disability get



- care
- supports.

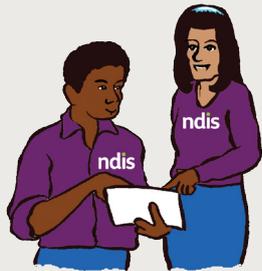
Your Local Area Coordinator is someone who can help make your plan happen.



Your Local Area Coordinator is the person you can contact to ask questions about your plan.



When you join the NDIS someone from the **National Disability Insurance Agency** will help you do your first plan.



The National Disability Insurance Agency or NDIA are the people that manage the NDIS.

When you and the NDIA say **yes** to your plan you can



- manage your own plan

or

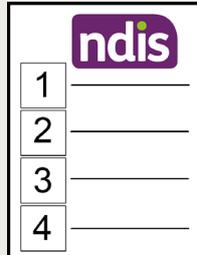


- get help to make your plan happen.



What does a Local Area Coordinator do?

Your Local Area Coordinator will contact you to talk about



- your plan



- how to get the supports you need



- how to join activities and groups in your local community



- how to use the NDIS **participant** website called myplace. Participants are people who get support from the NDIS.



- how to find **providers**. Providers give services to people with a disability to support them.



Your Local Area Coordinator will also

- check that you are happy with your plan
- help you make **goals** for your next plan.

Your goals are what you need to live the life you want.



How can a Local Area Coordinator help if I manage my own plan?

Your Local Area Coordinator can talk to you about how to



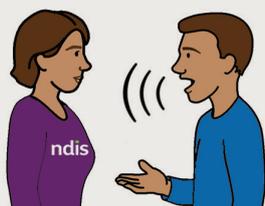
- book services



- manage money



- ask the NDIA to pay for supports

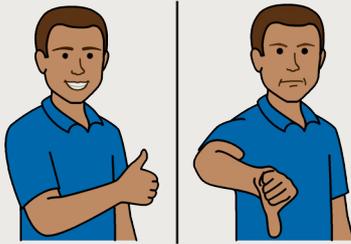


- give **feedback**. This means you tell the NDIA what you think.



How can I get ready to talk to my Local Area Coordinator?

You can think about



- things in your life that are good
- things in your life that are **not** good



- providers you want to use



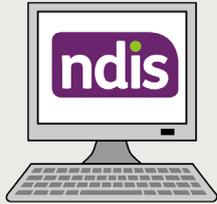
- activities or groups you want to join
- things you want to learn how to do



- the work you want to do.



More information



Go to our website

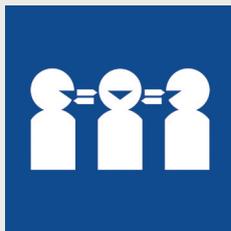
www.ndis.gov.au



Call 1800 800 110

Monday to Friday

8 am to 11 pm



Telephone Interpreting Service

131 450



TTY users

1800 555 677 then ask for 1800 800 110



Speak and listen users

1800 555 727 then ask for 1800 555 727

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To see the original contact The National Disability Insurance Agency.

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