



# All about you.

**You are at the centre of it all with Uniting.**  
**Life is what you make it. Your choice, your control.**

**Every person we support is unique and the supports we provide are designed with you. This includes who provides those supports, because we know how important it is that you get along with all people in your life.**

Uniting has lots of experience supporting people with a disability, and with us, you can:

- choose the person who supports you
- get the support you need to live your life, and explore options for your future
- provide feedback and have a real voice in how we support you. We will check in with you regularly to make sure you're getting what you need.
- have peace of mind knowing our staff have up-to-date first aid skills, undergo regular training and have passed current police checks

## **The NDIS in NSW**

In NSW we can provide you with support to:

- Pursue the lifestyle you choose for you and your family
- Learn new skills
- Exercise choice and control
- Expand your ability to participate in your community
- Improve your health and wellbeing
- Navigate difficult or stressful life circumstances with support coordination
- Access therapy supports via our Transdisciplinary team

## **NDIS in the ACT**

In the ACT, we can support you to:

- Increase your independence and build your skills and resilience
- Live your life your way with assistance for daily life tasks in a group or shared living arrangement

- Expand your ability to participate in the community
- Set goals and make decisions to build a great life, now and into the future

## **Get in touch**

**Call our Options Specialist to learn more about the NDIS and how Uniting can help you live the life you choose.**

**T:** 1300 883 430

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